

Set Price Menu

Served Tuesday ~ Saturday 5.00pm ~ 10.00pm
Starter & Main Course Tuesday ~ Friday £12.95 All Night
Starter & Main Course Saturday £14.95

Starters

Soup Of The Day

Home Made Soup With Crusty Bread

Home Made Pate

Chicken Liver Pate With Red Onion Marmalade On Wild Rocket
Served With Toast

Cod Cheeks

Cod Cheeks, Wrapped In Parma Ham Then Oven Baked & Served With
A Gazpacho Dressing (Cod Cheeks Are Similar To A Good Quality Scallop)

Pan Fried King Prawns (£1.50 Supplement)

King Prawns Cooked In A Lemon, Garlic & Parsley Butter With Crusty Bread
& Garlic Mayonnaise

Local Black Pudding

Local Black Pudding Set On A Crostini, Topped With A Poached Egg & Crispy Bacon
Masked With A Warm Grain Mustard Sauce

Garlic Mushrooms

Mushrooms In A Creamy Garlic Sauce, Glazed With Cheese &
Served With A Crisp Garlic Crostini

Home Made Meat Balls

Our Famous Meat Balls Served In A Garlic, Chilli & Tomato Sauce
With Shavings Of Parmesan & Garlic Bread

Mrs Kirkham's Lancashire & Red Onion Tart

A Puff Pastry Tart, Filled With Caramelised Red Onions & Topped With
Mrs Kirkham's Lancashire Cheese

Mussels

Whole Shell Mussels Tossed With Shallots, Garlic, White Wine & Cream
Served With Crusty Bread

Smoked Haddock & Spring Onion Fishcake

Smoked Haddock & Spring Onion Fishcake With Home Made Tartare Sauce

Wood Pigeon Pancakes

Half Of Roasted Wood Pigeon, Served With Rice Flour Pancakes,
Cucumber, Spring Onion & Hoi Sin Sauce

Main Courses

Fish Main Courses

Fillet Of Wild Sea Bass (£3 Extra)

Pan Fried Fillet Of Sea Bass Rested On Thai Style Noodles Cooked In A Chilli, Garlic, Ginger, Spring Onion & Lemon Grass Broth

Wild Sea Bass (£3 Extra)

Wild Seabass Simply Pan Fried & Sat On Sauteed New Potatoes With A Saffron & White Wine Cream Reduction

(N.B. Our Seabass & Hake can be served Plainly Grilled Or Pan Fried If You Prefer)

Fish & Chips

Finest Basa Fish Fillet Cooked In Our Own Beer Batter, Minted Pea Puree, & Hand Cut Chips

Fillet Of Salmon

Fillet Of Salmon, Pan Fried & Set On Pak Choi With A Terriaki Dressing Or If You Prefer, With A Creamy Leek Sauce

Fillet Of Hake

Fillet Of Hake Cooked In A Garlic Butter With Blistered Cherry Tomatoes On Crushed New Potatoes

Prosciutto Wrapped Fillet Of Cod (£1.50 Extra)

Fillet Of Cod Wrapped In Prosciutto & Baked In The Oven With A Italianne Sauce Of Tomato, Garlic, Peppers & Oregano

Cod Fillet

Oven Baked Fillet Of Cod Sat On Puy Lentils Flavoured With Bacon & Leeks With A Mustard Dressing

Mixed Seafood Platter (£4 Extra)

A Medley Of King Prawn, Salmon, Basa Fish, & Hake, Simply Grilled & Dressed With A Lemon & Coriander Butter & A Chilli Dip

Healthy Salads

Grilled Chicken Salad

Grilled Chicken With Mixed Leaves & A Large Selection Of Salad Items & Fruit Drizzled With A Honey & Mustard Dressing & Served With Warmed Bread

Warm Goats Cheese Salad

Oven Baked Goats Cheese With Crispy Bacon, Mixed Leaves & A Large Selection Of Salad Items & Fruit Drizzled With A Honey & Mustard Dressing & Served With Warmed Bread

Poached Salmon Salad

Warm Poached Salmon With Mixed Leaves & A Large Selection Of Salad Items & Fruit Drizzled With A Lemon Vinaigrette & Served With Warmed Bread

Main Courses

Meat Main Courses

Meat Balls

Our Famous Barbacoa Meat Balls In A Garlic, Chilli & Tomato Sauce,
Served With Spaghetti & Garlic Bread

Peppered Chicken

Breast Of Chicken In A Creamy Peppercorn Sauce

Chicken Italienne

Breast Of Chicken In A Sauce Of Tomato, Garlic, Peppers & Oregano

Thai Style Char Grilled Chicken

Breast Of Chicken Marinated In Thai Style Spices & Chargrilled, Accompanied By
A Thai Style Noodle & Vegetable Stir Fry

Sirloin Steak (£3.00 Extra)

Chargrilled Sirloin Steak With Onion Rings, Mushrooms & Hand Cut Chips
Why Not Add A Sauce To Your Steak From Our Side Orders Selection

Fillet Steak (£6.00 Extra)

Chargrilled Fillet Steak With Onion Rings, Mushrooms & Hand Cut Chips
Why Not Add A Sauce To Your Steak From Our Side Orders Selection

Fillet Steak & Blacksticks Blue (£6.00 Extra)

Chargrilled Fillet Steak, Topped With Locally Made Blacksticks Blue Cheese
With A Port Reduction & Hand Cut Chips

Lamb Shoulder (£1.50 Extra)

Lamb Shoulder Studded With Garlic & Fresh Rosemary, Braised In Red Wine
With A Garlic, Rosemary & Red Wine Reduction On Champ Mash

Vegetarian Main Courses

Vegetarian Stuffed Pepper

Oven Baked Pepper Filled With Cous Cous, Tomatoes, Mushrooms & Onions
In A Garlic & Tomato Sauce, Topped With Mrs Kirkham's Lancashire

Lentil & Vegetable Cottage Pie

A Selection Of Vegetables Together With Lentils Topped With Glazed Mashed Potato
& Served With A Vegetable Gravy

Side Orders

Creamy Peppercorn Sauce £1.50

Diane Sauce £1.50

BBQ Sauce £1.50

Garlic Cream Sauce £1.50

Ciabatta £1.95

Market Vegetables £1.95

Mixed Salad £2.50

Home Made Chips £1.95

Garlic Bread £2.00

Garlic Bread With Cheese £2.50



Our NEW
Restaurant Menu
Starts Tuesday 12th January

Served Tuesday ~ Saturday
5.00pm ~ 10.00pm

Tuesday ~ Friday £12.95 2 Courses

Saturday £14.95 2 Courses

Barbacoa
47-51 Mersey View
Waterloo
Liverpool
L22 6QA
0151-924-0445
www.labarbacoa.co.uk